

Ferris ISD
High School Snack Line 2
October 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 1 Cheese Pizza Wedge Garden Salad Celery & Carrot Sticks fruit pc Ranch Dressing!!! Chef Salad Wheatworth Crackers Fruit Juice MILK - Variety	Oct - 2 Popcorn Chicken!!! Bread Stick~~~ Garden Salad Potato Puffs!!! fruit Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety	Oct - 3 Grilled Chicken patty Wheat Buns*** new 2. Pepper Jack Cheese Sandwich Trims PICKLES,DILL!!! Celery & Carrot Sticks Ketchup/Mayo/Mustard fruit Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety	Oct - 4 Chicken Empanada Rocking Pinto Beans Celery & Carrot Sticks fruit Chef Salad pc Ranch Dressing!!! Wheatworth Crackers Fruit Juice MILK - Variety	Oct - 5 Pulled Pork Sandwich Ranch Beans~~~ Garden Salad fruit Fresh Onions Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety
Oct - 8 Fair Day NO SCHOOL TODAY	Oct - 9 Popcorn Chicken!!! Bread Stick~~~ Garden Salad Potato Puffs!!! fruit Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety	Oct - 10 Grilled Chicken patty Wheat Buns*** new 2. Pepper Jack Cheese Sandwich Trims PICKLES,DILL!!! Celery & Carrot Sticks Ketchup/Mayo/Mustard fruit Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety	Oct - 11 Chicken Empanada Rocking Pinto Beans Celery & Carrot Sticks fruit Chef Salad pc Ranch Dressing!!! Wheatworth Crackers Fruit Juice MILK - Variety	Oct - 12 Baked Potato Lunch Bacon Bits pc sour cream fruit Celery & Carrot Sticks Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety
Oct - 15 Cheese Pizza Wedge Garden Salad Celery & Carrot Sticks fruit pc Ranch Dressing!!! Chef Salad Wheatworth Crackers Fruit Juice MILK - Variety	Oct - 16 Popcorn Chicken!!! Bread Stick~~~ Garden Salad Potato Puffs!!! fruit Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety	Oct - 17 Grilled Chicken patty Wheat Buns*** new 2. Pepper Jack Cheese Sandwich Trims PICKLES,DILL!!! Celery & Carrot Sticks Ketchup/Mayo/Mustard fruit Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety	Oct - 18 Chicken Empanada Rocking Pinto Beans Celery & Carrot Sticks pc Ranch Dressing!!! fruit Chef Salad Wheatworth Crackers Fruit Juice MILK - Variety	Oct - 19 Pulled Pork Sandwich Ranch Beans~~~ Garden Salad fruit Fresh Onions Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety
Oct - 22 NO SCHOOL TODAY TEACHER WORK DAY	Oct - 23 Popcorn Chicken!!! Bread Stick~~~ Garden Salad Potato Puffs!!! fruit Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety	Oct - 24 Grilled Chicken patty Wheat Buns*** new 2. Pepper Jack Cheese Sandwich Trims PICKLES,DILL!!! Celery & Carrot Sticks Ketchup/Mayo/Mustard fruit Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety	Oct - 25 Chicken Empanada Rocking Pinto Beans Celery & Carrot Sticks fruit Chef Salad pc Ranch Dressing!!! Wheatworth Crackers Fruit Juice MILK - Variety	Oct - 26 Baked Potato Lunch Sour Cream/ Butter/ Ba fruit Celery & Carrot Sticks Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Ferris ISD
High School Snack Line 2
October 2018

Sep 10, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Oct - 29 Cheese Pizza Wedge Garden Salad Celery & Carrot Sticks fruit pc Ranch Dressing!!! Chef Salad Wheatworth Crackers Fruit Juice MILK - Variety	Oct - 30 Popcorn Chicken!!! Bread Stick~~~ Garden Salad Potato Puffs!!! fruit Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety	Oct - 31 Grilled Chicken patty Wheat Buns*** new 2. Pepper Jack Cheese Sandwich Trims PICKLES,DILL!!! Celery & Carrot Sticks Ketchup/Mayo/Mustard fruit Chef Salad Wheatworth Crackers pc Ranch Dressing!!! Fruit Juice MILK - Variety		

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.