

**Ferris ISD**  
**High School Breakfast**  
**April 2018**

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 2 SAUSAGE BISCUIT or Pigs'n Flapjackets~~~ Syrup!!! or Wheat Bread Toast*** pc jelly!!! Cinnamon Toast Crunc Cereal, CoCoa Puffs Craisins Fruit Juice MILK - Variety	Apr - 3 SAUSAGE BISCUIT or Banana Muffin or WWToast*** pc jelly!!! Cereal, Rice Krispies Cereal, Trix Applesauce Fruit Juice MILK - Variety	Apr - 4 SAUSAGE BISCUIT or Breakfast Burrito~~~ Salsa*** or Wheat Bread Toast*** pc jelly!!! Cinnamon Toast Crunc Cereal, CoCoa Puffs Peaches In Light Syrup Fruit Juice MILK - Variety	Apr - 5 SAUSAGE BISCUIT or Pancakes Wheat Bread Toast*** pc jelly!!! Syrup!!! Cereal, Trix Cereal, CoCoa Puffs Fruit Cocktail~~~ Fruit Juice MILK - Variety	Apr - 6 SAUSAGE BISCUIT or Breakfast Sliders Cinnamon Toast Crunc Cereal, Froot Loops Wheat Bread Toast*** pc jelly!!! Pear In Light Syrup Fruit Juice MILK - Variety
Apr - 9 SAUSAGE BISCUIT or Eggo Maple Mini Panc Syrup!!! or WWToast*** pc jelly!!! Cereal, Froot Loops Cereal, CoCoa Puffs Craisins Fruit Juice MILK - Variety	Apr - 10 SAUSAGE BISCUIT or Pancakes or Wheat Bread Toast*** pc jelly!!! Cereal, Froot Loops Cereal, Rice Krispies Peaches In Light Syrup Fruit Juice MILK - Variety	Apr - 11 SAUSAGE BISCUIT or Aunt Jemima French Toast Stick Syrup!!! or WWToast*** pc jelly!!! Cereal, Honey Nut Cheerios Cereal, CoCoa Puffs Apples Fruit Juice MILK - Variety	Apr - 12 SAUSAGE BISCUIT or Breakfast Pizza or CHEESE TOAST Cereal, CoCoa Puffs Cinnamon Toast Crunc Oranges Fruit Juice MILK - Variety	Apr - 13 SAUSAGE BISCUIT or Breakfast Donut Stick or WWToast*** pc jelly!!! Cereal, Froot Loops Cinnamon Toast Crunc Strawberry cup*** Fruit Juice MILK - Variety
Apr - 16 SAUSAGE BISCUIT or Morning Chicken Sand or CHEESE TOAST Cereal, Trix Cereal, CoCoa Puffs Craisins Fruit Juice MILK - Variety	Apr - 17 SAUSAGE BISCUIT or Wild Blueberry muffin or Wheat Bread Toast*** pc jelly!!! Cinnamon Toast Crunc Cereal, Cocoa Puffs*** Apples Fruit Juice MILK - Variety	Apr - 18 SAUSAGE BISCUIT or Breakfast Burrito~~~ Salsa*** or Wheat Bread Toast*** pc jelly!!! Cinnamon Toast Crunc Cereal, Rice Krispies Pears~~~ Fruit Juice MILK - Variety	Apr - 19 SAUSAGE BISCUIT or Cinnamon Roll or CHEESE TOAST Cinnamon Toast Crunc Cereal, Froot Loops apples, canned sliced Fruit Juice MILK - Variety	Apr - 20 SAUSAGE BISCUIT or Pig in a Blanket Syrup!!! Mustard, pc~~~ or Wheat Bread Toast*** pc jelly!!! Cereal, Trix Cereal, Rice Krispies Oranges Fruit Juice MILK - Variety
Apr - 23 SAUSAGE BISCUIT or YOGURT Cheese Stick WWToast*** pc jelly!!! or Cinnamon Toast Crunc Cereal, Trix Fruit Cocktail~~~ Fruit Juice MILK - Variety	Apr - 24 SAUSAGE BISCUIT or Eggo Maple Mini Waffl Syrup!!! or WWToast*** pc jelly!!! Cinnamon Toast Crunc Cereal, Rice Krispies Apples Fruit Juice MILK - Variety	Apr - 25 SAUSAGE BISCUIT or Pancakes or Wheat Bread Toast*** pc jelly!!! Cereal, Golden Graha Cereal, Honey Nut Cheerios Pears~~~ Fruit Juice MILK - Variety	Apr - 26 SAUSAGE BISCUIT or Breakfast Pizza or CHEESE TOAST Cereal, CoCoa Puffs Cereal, Trix Fruit Cocktail~~~ Fruit Juice MILK - Variety	Apr - 27 SAUSAGE BISCUIT or Aunt Jemima French Toast Stick Syrup!!! or WWToast*** pc jelly!!! Cereal, Froot Loops Cereal, CoCoa Puffs Oranges Fruit Juice MILK - Variety

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**

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Apr - 30  SAUSAGE BISCUIT or Pig in a Blanket Syrup!!! Mustard, pc~~~ or Wheat Bread Toast**** pc jelly!!! Cereal, Trix Cereal, Rice Krispies Craisins Fruit Juice MILK - Variety				

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