

Ferris ISD
Ingram Elementary Breakfast
August - September 2018

Aug 3, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 20	Aug - 21	Aug - 22	Aug - 23	Aug - 24
		Pigs'n Flapjackets~~~ Craisins Milk 1% white~~~ + for Kindergarten Syrup!!! Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice	Banana Muffin Oranges Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Grape Juice	Pancakes~~~ Pears~~~ Milk 1% white~~~ + for Kindergarten Syrup!!! Milk strawberry FF*** Milk Chocolate ff*** 100% Apple Juice
Aug - 27	Aug - 28	Aug - 29	Aug - 30	Aug - 31
Eggo Maple Mini Panc Sliced Apples Milk 1% white~~~ + for Kindergarten 100% Grape Juice Milk Chocolate ff*** Milk strawberry FF***	French Toast Sticks Craisins Milk 1% white~~~ + for Kindergarten Syrup!!! 100% Grape Juice Milk Chocolate ff*** Milk strawberry FF***	Sausage Biscuit Pears~~~ Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice	Breakfast Pizza Oranges Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	Breakfast Bar Pineapple Chunks~~~ Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice
Sep - 3	Sep - 4	Sep - 5	Sep - 6	Sep - 7
Martin Luther King Day LABOR DAY	Morning Chicken Sand Applesauce Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	Cinnamon Toast Crunc Pears~~~ Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice	Mini Cinnis Pull-Apart Oranges Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	Pig in a Blanket Applesauce Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Grape Juice
Sep - 10	Sep - 11	Sep - 12	Sep - 13	Sep - 14
Eggo Maple Mini Waffl Pineapple Chunks~~~ Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	YOGURT Applesauce Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice	SAUSAGE BISCUIT Sliced Apples Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Grape Juice	Breakfast Pizza Pear In Light Syrup Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	French Toast Sticks Oranges Milk 1% white~~~ + for Kindergarten Syrup!!! 100% Grape Juice Milk Chocolate ff*** Milk strawberry FF***
Sep - 17	Sep - 18	Sep - 19	Sep - 20	Sep - 21
Cinnamon Toast Crunc Pineapple Chunks~~~ Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice	Morning Chicken Sand Oranges Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	Wild Blueberry muffin Sliced Apples Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice	Mini Cinnis Pull-Apart Pears~~~ Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	Pig in a Blanket Craisins Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Grape Juice
Sep - 24	Sep - 25	Sep - 26	Sep - 27	Sep - 28
Pigs'n Flapjackets~~~ Applesauce Milk 1% white~~~ + for Kindergarten Syrup!!! Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice	Banana Muffin Pineapple Chunks~~~ Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Grape Juice	Breakfast Burrito~~~ Pears~~~ Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	Breakfast Pizza Oranges Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	French Toast Sticks Craisins Milk 1% white~~~ + for Kindergarten Syrup!!! 100% Grape Juice Milk Chocolate ff*** Milk strawberry FF***

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Ferris ISD
Ingram Elementary Breakfast
August - September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
--------	---------	-----------	----------	--------

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: *The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.*