

# Ferris ISD

## Ingram Elementary Breakfast

### March 2018

Feb 21, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Mar - 1 Breakfast Pizza Peaches In Light Syrup Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	Mar - 2 Breakfast Donut Stick Applesauce-*** Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice
Mar - 5 Morning Chicken Sand Oranges Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	Mar - 6 Wild Blueberry muffin Sliced Apples Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice	Mar - 7 Cinnamon Toast Crunc Pear In Light Syrup Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice	Mar - 8 Mini Cinnis Pull-Apart Oranges Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	Mar - 9 Pig in a Blanket Pineapple Chunks~~~ Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Grape Juice
Mar - 12 YIPPEEE!!!!	Mar - 13 SPRING BREAK	Mar - 14 YIPPEEE!!!!	Mar - 15 SPRING BREAK	Mar - 16 YIPPEEE!!!!
Mar - 19 YOGURT Applesauce-*** Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice	Mar - 20 Eggo Maple Mini Waffl Peaches In Light Syrup Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	Mar - 21 SAUSAGE BISCUIT Sliced Apples Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Grape Juice	Mar - 22 Breakfast Pizza Fruit Cocktail~~~ Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	Mar - 23 Aunt Jemima French Toast Stick Oranges Milk 1% white~~~ + for Kindergarten Syrup!!! 100% Grape Juice Milk Chocolate ff*** Milk strawberry FF***
Mar - 26 Breakfast Donut Stick Applesauce-*** Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice	Mar - 27 Wild Blueberry muffin Pear In Light Syrup Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice	Mar - 28 Morning Chicken Sand Pineapple Chunks~~~ Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	Mar - 29 Mini Cinnis Pull-Apart apples, canned sliced Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice	Mar - 30 GOOD FRIDAY

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.