

Ferris ISD
Ingram Elementary Lunch
April 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 2 Rib Patty / bun pk 1/2 pc BBQ Sauce!!! Potato Puffs!!! Ketchup, pc~~~ Applesauce-*** Milk 1% white~~~ + for Kindergarten Peas & Carrots*** Milk Chocolate ff***	Apr - 3 Fajita Tacos Shredded Cheese!!! Taco trims*** Refried Beans~~~ Peaches In Light Syrup Milk 1% white~~~ + for Kindergarten Milk Chocolate ff***	Apr - 4 Steak Fingers!!! Whipped Potatoes~~~~ Country Gravy- !!! Bread Sticks-ww Oranges Milk 1% white~~~ + for Kindergarten Corn on Cob*** Milk Chocolate ff***	Apr - 5 Spag.&Meat Sauce ~- Garden Salad Applesauce-*** salad dressing~~~ Milk 1% white~~~ + for Kindergarten Bread Sticks-ww Milk Chocolate ff***	Apr - 6 Pepperoni Calzone-PK Corn*** Oranges Milk 1% white~~~ + for Kindergarten Broccoli Florets Cheese Sauce Milk Chocolate ff***
Apr - 9 Steak Sandwich-ingra Peaches In Light Syrup Sandwich Trims PICKLES,DILL!!! PC Salad Dressing ~- Ketchup, pc~~~ Mustard, pc~~~ Milk 1% white~~~ + for Kindergarten Sweet Potato Fries Milk Chocolate ff***	Apr - 10 Beef and Bean Burrito Cheese Sauce Mexicali Corn*** Apples Salsa*** Milk 1% white~~~ + for Kindergarten Garden Salad Milk Chocolate ff***	Apr - 11 Salisbury Steak Brown Gravy Whipped Potatoes~~~~ Honey Wheat Roll Oranges Milk 1% white~~~ + for Kindergarten Corn*** Milk Chocolate ff***	Apr - 12 Chicken/ WWBun~~~ i Sandwich Trims Ranch Beans~~~ Strawberry cup*** Ketchup/Mayo/Mustard Milk 1% white~~~ + for Kindergarten Milk Chocolate ff***	Apr - 13 Pepperoni Pizza Corn *** Oranges Milk 1% white~~~ + for Kindergarten pc Ranch Dressing!!! Broccoli Florets Milk Chocolate ff***
Apr - 16 Mini Corn Dogs !!! Ranch Beans~~~ Ketchup, pc~~~ Mustard, pc~~~ Peaches~~~ Milk 1% white~~~ + for Kindergarten Corn on Cob*** Milk Chocolate ff***	Apr - 17 Nachos with Beef~~~ Corn*** Pears~~~ Salsa*** Milk 1% white~~~ + for Kindergarten Refried Beans~~~ Milk Chocolate ff***	Apr - 18 Chicken Nuggets Whipped Potatoes~~~~ Country Gravy- !!! Bread Sticks-ww apples, canned sliced Milk 1% white~~~ + for Kindergarten Black Eye Peas-*** Milk Chocolate ff***	Apr - 19 Sweet-n-Sour chicken Corn*** Oranges Milk 1% white~~~ + for Kindergarten pc Ranch Dressing!!! Garden Salad Milk Chocolate ff***	Apr - 20 Chicken Tenders-!!! Country Gravy- !!! Ranch Beans~~~ Bread Sticks-ww Applesauce-*** Milk 1% white~~~ + for Kindergarten Corn*** Milk Chocolate ff***
Apr - 23 Hot Dog on a Bun Shred Cheese Ranch Beans~~~ Apples Mustard, pc~~~ Ketchup, pc~~~ PC Salad Dressing ~- Milk 1% white~~~ + for Kindergarten Corn on Cob*** Milk Chocolate ff***	Apr - 24 Beef Taco~~~ Shred Cheese Spanish Rice Taco trims*** Refried Beans~~~ Pears~~~ pc salsa Milk 1% white~~~ + for Kindergarten Milk Chocolate ff***	Apr - 25 Steak Fingers!!! Whipped Potatoes~~~~ Country Gravy- !!! Bread Stick~~~ Fruit Cocktail~~~ Milk 1% white~~~ + for Kindergarten Carrot Coins*** Milk Chocolate ff***	Apr - 26 Chicken Parmesan*** Green Beans *** Bread Sticks-ww Oranges Milk 1% white~~~ + for Kindergarten Ranch Dressing~~~ Carrot Sticks*** Milk Chocolate ff***	Apr - 27 Pepperoni Calzone-PK Broccoli Florets Cheese Sauce Oranges Milk 1% white~~~ + for Kindergarten Corn*** Milk Chocolate ff***
Apr - 30 Chicken Fries!!! Potato Baker Ketchup, pc~~~ Strawberry cup*** Milk 1% white~~~ + for Kindergarten Carrot Coins*** Milk Chocolate ff***				

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.