

Ferris ISD

High School Snack Line 2

August - September 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Aug - 20	Aug - 21	Aug - 22	Aug - 23	Aug - 24
		Grilled Chicken patty Wheat Buns*** new 2. Pepper Jack Cheese Sandwich Trims PICKLES,DILL!!! Potato Puffs!!! pc mustard Ketchup, pc~~~ PC Salad Dressing ~ fruit 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** Chef Salad Wheatworth Crackers pc Ranch Dressing!!!	Chicken Empanada Rocking Pinto Beans Celery Sticks*** Carrot Sticks*** pc Ranch Dressing!!! fruit Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice-*** 100% Grape Juice 100% Orange Juice Chef Salad Wheatworth Crackers	Pulled Pork Sandwich Ranch Beans~~~ Garden Salad fruit pc Ranch Dressing!!! Fresh Onions Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice 100% Grape Juice 100% Orange Juice Chef Salad Wheatworth Crackers
Aug - 27	Aug - 28	Aug - 29	Aug - 30	Aug - 31
Cheese Pizza Wedge Garden Salad Carrot Sticks*** Celery Sticks*** fruit 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** pc Ranch Dressing!!! Chef Salad Wheatworth Crackers	Popcorn Chicken!!! Bread Stick~~~ Garden Salad Potato Puffs!!! fruit 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** Chef Salad Wheatworth Crackers pc Ranch Dressing!!!	Grilled Chicken patty Wheat Buns*** new 2. Pepper Jack Cheese Sandwich Trims PICKLES,DILL!!! Carrot Sticks*** Celery Sticks*** pc mustard Ketchup, pc~~~ PC Salad Dressing ~ fruit 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** Chef Salad Wheatworth Crackers pc Ranch Dressing!!!	Chicken Empanada Rocking Pinto Beans Celery Sticks*** Carrot Sticks*** pc Ranch Dressing!!! fruit Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice-*** 100% Grape Juice 100% Orange Juice Chef Salad Wheatworth Crackers	Baked Potato HAM,CHOPPED,NOT Shred Cheese PC Butter Bacon Bits pc sour cream fruit Celery Sticks*** Carrot Sticks*** Wheatworth Crackers Chef Salad 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** pc Ranch Dressing!!!

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

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August - September 2018

Aug 3, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Sep - 3 LABOR DAY NO SCHOOL TODAY	Sep - 4 Popcorn Chicken!!! Bread Stick~~~ Garden Salad Potato Puffs!!! Oranges 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** Chef Salad Wheatworth Crackers pc Ranch Dressing!!!	Sep - 5 Grilled Chicken patty Wheat Buns*** new 2. Pepper Jack Cheese Sandwich Trims PICKLES,DILL!!! Carrot Sticks*** Celery Sticks*** pc mustard Ketchup, pc~~~ PC Salad Dressing ~~ fruit 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** Chef Salad Wheatworth Crackers pc Ranch Dressing!!!	Sep - 6 Chicken Empanada Rocking Pinto Beans Celery Sticks*** Carrot Sticks*** pc Ranch Dressing!!! fruit Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice-*** 100% Grape Juice 100% Orange Juice Chef Salad Wheatworth Crackers	Sep - 7 Pulled Pork Sandwich Ranch Beans~~~ Garden Salad fruit pc Ranch Dressing!!! Fresh Onions Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice 100% Grape Juice 100% Orange Juice Chef Salad Wheatworth Crackers
Sep - 10 Cheese Pizza Wedge Garden Salad Carrot Sticks*** Celery Sticks*** fruit 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** pc Ranch Dressing!!! Chef Salad Wheatworth Crackers	Sep - 11 Popcorn Chicken!!! Bread Stick~~~ Garden Salad Potato Puffs!!! fruit 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** Chef Salad Wheatworth Crackers pc Ranch Dressing!!!	Sep - 12 Grilled Chicken patty Wheat Buns*** new 2. Pepper Jack Cheese Sandwich Trims PICKLES,DILL!!! Carrot Sticks*** Celery Sticks*** pc mustard Ketchup, pc~~~ PC Salad Dressing ~~ fruit 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** Chef Salad Wheatworth Crackers pc Ranch Dressing!!!	Sep - 13 Chicken Empanada Rocking Pinto Beans Celery Sticks*** Carrot Sticks*** pc Ranch Dressing!!! fruit Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice-*** 100% Grape Juice 100% Orange Juice Chef Salad Wheatworth Crackers	Sep - 14 Baked Potato HAM,CHOPPED,NOT Shred Cheese PC Butter Bacon Bits pc sour cream fruit Celery Sticks*** Carrot Sticks*** 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** Chef Salad Wheatworth Crackers pc Ranch Dressing!!!

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Sep - 17 Cheese Pizza Wedge Garden Salad Carrot Sticks*** Celery Sticks*** fruit 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** pc Ranch Dressing!!! Chef Salad Wheatworth Crackers	Sep - 18 Popcorn Chicken!!! Bread Stick~~~ Garden Salad Potato Puffs!!! fruit 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** Chef Salad Wheatworth Crackers pc Ranch Dressing!!!	Sep - 19 Grilled Chicken patty Wheat Buns*** new 2. Pepper Jack Cheese Sandwich Trims PICKLES,DILL!!! Carrot Sticks*** Celery Sticks*** pc mustard Ketchup, pc~~~ PC Salad Dressing ~~ fruit 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** Chef Salad Wheatworth Crackers pc Ranch Dressing!!!	Sep - 20 Chicken Empanada Rocking Pinto Beans Celery Sticks*** Carrot Sticks*** pc Ranch Dressing!!! fruit Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice-*** 100% Grape Juice 100% Orange Juice Chef Salad Wheatworth Crackers	Sep - 21 Pulled Pork Sandwich Ranch Beans~~~ Garden Salad fruit pc Ranch Dressing!!! Fresh Onions Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice 100% Grape Juice 100% Orange Juice Chef Salad Wheatworth Crackers
Sep - 24 Cheese Pizza Wedge Garden Salad Carrot Sticks*** Celery Sticks*** fruit 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** pc Ranch Dressing!!! Chef Salad Wheatworth Crackers	Sep - 25 Popcorn Chicken!!! Bread Stick~~~ Garden Salad Potato Puffs!!! fruit 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** Chef Salad Wheatworth Crackers pc Ranch Dressing!!!	Sep - 26 Grilled Chicken patty Wheat Buns*** new 2. Pepper Jack Cheese Sandwich Trims PICKLES,DILL!!! Carrot Sticks*** Celery Sticks*** pc mustard Ketchup, pc~~~ PC Salad Dressing ~~ fruit 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** Chef Salad Wheatworth Crackers pc Ranch Dressing!!!	Sep - 27 Chicken Empanada Rocking Pinto Beans Celery Sticks*** Carrot Sticks*** pc Ranch Dressing!!! fruit Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice-*** 100% Grape Juice 100% Orange Juice Chef Salad Wheatworth Crackers	Sep - 28 Baked Potato HAM,CHOPPED,NOT Shred Cheese PC Butter Bacon Bits pc sour cream fruit Celery Sticks*** Carrot Sticks*** Wheatworth Crackers Chef Salad pc Ranch Dressing!!! 100% Apple Juice 100% Grape Juice 100% Orange Juice Milk 1% white~~~ Milk Chocolate ff*** Milk strawberry FF***

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