

Ferris ISD
Ingram Elementary Breakfast
February 2018

Jan 26, 2018

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| | | | Feb - 1 Breakfast Burrito~~~ Blueberry Craisins Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** 100% Orange Juice Milk strawberry FF*** | Feb - 2 Banana Muffin Sliced Apples Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** 100% Grape Juice Milk strawberry FF*** |
| Feb - 5 Pig in a Blanket Blueberry Craisins Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** 100% Grape Juice Milk strawberry FF*** | Feb - 6 Eggo Maple Mini Panc Sliced Apples Milk 1% white~~~ + for Kindergarten 100% Grape Juice Milk Chocolate ff*** Milk strawberry FF*** | Feb - 7 Aunt Jemima French Toast Stick Craisins Strawberry Milk 1% white~~~ + for Kindergarten Syrup!!! 100% Grape Juice Milk Chocolate ff*** Milk strawberry FF*** | Feb - 8 Breakfast Pizza Blueberry Craisins Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice | Feb - 9 Breakfast Sliders Oranges Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice |
| Feb - 12 Sausage Biscuit Raisins Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice | Feb - 13 Eggo Maple Mini Panc Sliced Apples Milk 1% white~~~ + for Kindergarten 100% Grape Juice Milk Chocolate ff*** Milk strawberry FF*** | Feb - 14 Mini Cinnis Pull-Apart Raisins Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice | Feb - 15 Morning Chicken Sand Blueberry Craisins Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice | Feb - 16 Cinnamon Toast Crunc Sliced Apples Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** 100% Apple Juice |
| Feb - 19 Bad Weather Day/ Off | Feb - 20 Pigs'n Flapjackets~~~ Raisins Milk 1% white~~~ + for Kindergarten Syrup!!! Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice | Feb - 21 Wild Blueberry muffin Craisins Strawberry Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice | Feb - 22 Breakfast Donut Stick Craisins Strawberry Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Apple Juice | Feb - 23 Breakfast Pizza Blueberry Craisins Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice |
| Feb - 26 Pig in a Blanket Blueberry Craisins Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Grape Juice | Feb - 27 Eggo Maple Mini Waffl Raisins Milk 1% white~~~ + for Kindergarten Milk Chocolate ff*** Milk strawberry FF*** 100% Orange Juice | Feb - 28 Aunt Jemima French Toast Stick Craisins Strawberry Milk 1% white~~~ + for Kindergarten Syrup!!! 100% Grape Juice Milk Chocolate ff*** Milk strawberry FF*** | | |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.