

Ferris ISD

Intermediate Breakfast

February 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Feb - 1 Breakfast Burrito~~~ Salsa*** or Wheat Bread Toast*** pc jelly!!! Cinnamon Toast Crunc Cereal, CoCoa Puffs Apples Fruit Juice MILK - Variety	Feb - 2 Banana Muffin or WWToast*** pc jelly!!! Cinnamon Toast Crunc Cereal, Golden Graha Craisins Fruit Juice MILK - Variety
Feb - 5 Pig in a Blanket Syrup!!! Mustard, pc~~~ or Wheat Bread Toast*** pc jelly!!! Cereal, Golden Graha Cereal, Honey Nut Cheerios Peaches In Light Syrup Fruit Juice MILK - Variety	Feb - 6 Eggo Maple Mini Waffl Syrup!!! or WWToast*** pc jelly!!! Cinnamon Toast Crunc Cereal, Honey Nut Cheerios Apples Fruit Juice MILK - Variety	Feb - 7 Aunt Jemima French Toast Stick Syrup!!! or WWToast*** pc jelly!!! Cereal, Honey Nut Cheerios Cereal, CoCoa Puffs Peaches In Light Syrup Fruit Juice MILK - Variety	Feb - 8 Breakfast Pizza or CHEESE TOAST Cereal, CoCoa Puffs Cinnamon Toast Crunc Applesauce Fruit Juice MILK - Variety	Feb - 9 Breakfast Sliders Cinnamon Toast Crunc Cereal, CoCoa Puffs Wheat Bread Toast*** pc jelly!!! Pear In Light Syrup Fruit Juice MILK - Variety
Feb - 12 Blueberry Bash Mini Waffles Syrup!!! or WWToast*** pc jelly!!! Cereal, Golden Graha Cereal, Honey Nut Cheerios Pineapple Chunks~~~ Fruit Juice MILK - Variety	Feb - 13 Eggo Maple Mini Panc Syrup!!! or WWToast*** pc jelly!!! Cinnamon Toast Crunc Cereal, CoCoa Puffs Applesauce Fruit Juice MILK - Variety	Feb - 14 Cinnamon Roll or CHEESE TOAST Cinnamon Toast Crunc Cereal, CoCoa Puffs Apples Fruit Juice MILK - Variety	Feb - 15 Morning Chicken Sand or CHEESE TOAST Cereal, Golden Graha Cereal, Honey Nut Cheerios Craisins Fruit Juice MILK - Variety	Feb - 16 Eggo Choc. Chip Fren Toast Syrup!!! or WWToast*** pc jelly!!! Cereal, Golden Graha Cinnamon Toast Crunc Fruit Cocktail~~~ Fruit Juice MILK - Variety
Feb - 19 Bad Weather Day/ Off	Feb - 20 Pigs'n Flapjackets~~~ Syrup!!! or Wheat Bread Toast*** pc jelly!!! Cinnamon Toast Crunc Cereal, CoCoa Puffs Pear In Light Syrup Fruit Juice MILK - Variety	Feb - 21 Wild Blueberry muffin or Wheat Bread Toast*** pc jelly!!! Cinnamon Toast Crunc Cereal, Cocoa Puffs*** Peaches In Light Syrup Fruit Juice MILK - Variety	Feb - 22 Breakfast Donut Stick or WWToast*** pc jelly!!! Cereal, Honey Nut Cheerios Cinnamon Toast Crunc Craisins Fruit Juice MILK - Variety	Feb - 23 Breakfast Pizza or CHEESE TOAST Cereal, CoCoa Puffs Cinnamon Toast Crunc Oranges Fruit Juice MILK - Variety

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

* - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

Ferris ISD
Intermediate Breakfast
February 2018

Jan 26, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Feb - 26 Pig in a Blanket Syrup!!! Mustard, pc~~~ or Wheat Bread Toast**** pc jelly!!! Cereal, Golden Graha Cereal, Honey Nut Cheerios Peaches In Light Syrup Fruit Juice MILK - Variety	Feb - 27 Eggo Maple Mini Waffl Syrup!!! or WWToast*** pc jelly!!! Cinnamon Toast Crunc Cereal, Honey Nut Cheerios Pear In Light Syrup Fruit Juice MILK - Variety	Feb - 28 Aunt Jemima French Toast Stick Syrup!!! or WWToast*** pc jelly!!! Cereal, Honey Nut Cheerios Cereal, CoCoa Puffs Oranges Fruit Juice MILK - Variety		

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** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

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