

# Ferris ISD

## High School Snack Line Menu

### November 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1  Chili Cheese Dog Sweet Potato Gems Ranch Beans~~~ fruit Ketchup/Mayo/Mustard Fruit Juice MILK - Variety	Nov - 2  Chicken Tamales Mexicali Corn*** Garden Salad fruit Salsa pc cup pc Ranch Dressing!!! Fruit Juice MILK - Variety
Nov - 5  Cheese Bosco Stick Garden Salad Potato Stix fruit Marinara Sauce cups ketchup pump pc Ranch Dressing!!! Fruit Juice MILK - Variety	Nov - 6  Cheeseburger~~~ Sandwich Trims PICKLES,DILL!!! Celery & Carrot Sticks Ketchup/Mayo/Mustard fruit Fruit Juice MILK - Variety	Nov - 7  Chicken Burrito Cheese Sauce~~~ 1 Refried Beans~~~ Garden Salad fruit Salsa pc cup Fruit Juice MILK - Variety	Nov - 8  Chili Cheese Dog Sweet Potato Gems Ranch Beans~~~ fruit Ketchup/Mayo/Mustard Fruit Juice MILK - Variety	Nov - 9  Chicken Tamales Mexicali Corn*** Garden Salad fruit Salsa pc cup pc Ranch Dressing!!! Fruit Juice MILK - Variety
Nov - 12  Cheese Bosco Stick Garden Salad Potato Stix fruit Marinara Sauce cups ketchup pump pc Ranch Dressing!!! Fruit Juice MILK - Variety	Nov - 13  Cheeseburger~~~ Sandwich Trims PICKLES,DILL!!! Celery & Carrot Sticks Ketchup/Mayo/Mustard fruit Fruit Juice MILK - Variety	Nov - 14  Chicken Burrito Cheese Sauce~~~ 1 Refried Beans~~~ Garden Salad fruit Salsa pc cup Fruit Juice MILK - Variety	Nov - 15  Chili Cheese Dog Sweet Potato Gems Ranch Beans~~~ fruit Ketchup/Mayo/Mustard Fruit Juice MILK - Variety	Nov - 16  Chicken Tamales Mexicali Corn*** Garden Salad fruit Salsa pc cup pc Ranch Dressing!!! Fruit Juice MILK - Variety
Nov - 19  Thanksgiving Holiday	Nov - 20  Thanksgiving Holiday	Nov - 21  Thanksgiving Holiday	Nov - 22  Thanksgiving Holiday	Nov - 23  Thanksgiving Holiday
Nov - 26  Cheese Bosco Stick Potato Stix fruit Marinara Sauce cups ketchup pump pc Ranch Dressing!!! Fruit Juice MILK - Variety	Nov - 27  Cheeseburger~~~ Sandwich Trims PICKLES,DILL!!! Celery & Carrot Sticks Ketchup/Mayo/Mustard fruit Fruit Juice MILK - Variety	Nov - 28  Chicken Burrito Cheese Sauce~~~ 1 Refried Beans~~~ Corn*** fruit Salsa pc cup Fruit Juice MILK - Variety	Nov - 29  Chili Cheese Dog Sweet Potato Gems Ranch Beans~~~ fruit Ketchup/Mayo/Mustard Fruit Juice MILK - Variety	Nov - 30  TEACHER WORK DAY

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.