

**Ferris ISD**  
**McDonald Lunch Menu**  
**November 2018**

Oct 23, 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1  Chicken Parmesan Mozarella Cheese~~~ Bread Stick~~~ Garden Salad Green Beans *** Ranch Dressing~~~ Oranges MILK - Variety	Nov - 2  Pepperoni Calzone Marinara Sauce cups Garden Salad Corn Cob 3" Peaches In Light Syrup MILK - Variety
Nov - 5  Mini Corn Dogs !!! Baked Beans~~~ Corn Cob 3" Macaroni & Cheese Mustard, pc~~~ Ketchup, pc~~~ Pears~~~ MILK - Variety	Nov - 6  Fajita Chicken Bowl*** Rocking Pinto Beans Shred Cheese Pico Romaine Lettuce Peaches In Light Syrup MILK - Variety	Nov - 7  Chicken Fried Steak P Whipped Potatoes~~~~ Country Gravy- !!! Green Beans *** Honey Wheat Roll Oranges MILK - Variety	Nov - 8  Baked Potato Soup Grilled Cheese Sandwi Broccoli Pieces Carrot Sticks*** pc Ranch Dressing!!! Apples MILK - Variety	Nov - 9  Cheeseburger~~~ Potato Stix Sandwich Trims Pineapple Chunks~~~ Carrot Coins*** Ketchup/Mayo/Mustard Mustard, pc~~~ MILK - Variety
Nov - 12  Chicken Fried Steak P Wheat Buns*** new 2. Sweet Potato Fries Apples Sandwich Trims PICKLES,DILL!!! Ketchup/Mayo/Mustard MILK - Variety	Nov - 13  Turkey and Dressing Whipped Potatoes~~~~ CHICKEN GRAVY Green Beans *** CRANBERRY SAUCE Wheat Roll~~~ Fruit Cocktail~~~ BUTTER MILK - Variety	Nov - 14  Beef and Bean Burrito Cheese Sauce Spanish Rice Garden Salad Mexicali Corn*** Pears~~~ Salsa*** pc Ranch Dressing!!! MILK - Variety	Nov - 15  Chicken Patty~~~ Wheat Buns*** new 2. Sandwich Trims Ranch Beans~~~ Carrot Sticks*** Craisins pc Ranch Dressing!!! Ketchup/Mayo/Mustard MILK - Variety	Nov - 16  Pepperoni Pizza Corn*** Broccoli *** Cheese Sauce Rosati Ice MILK - Variety
Nov - 19  Thanksgiving Holiday	Nov - 20  Thanksgiving Holiday	Nov - 21  Thanksgiving Holiday	Nov - 22  Thanksgiving Holiday	Nov - 23  Thanksgiving Holiday
Nov - 26  Ball Park Frank/ Bun Shredded Cheese!!! Sweet Potato Gems Ranch Beans~~~ Oranges Ketchup/Mayo/Mustard MILK - Variety	Nov - 27  Beef Taco~~~ Shred Cheese Spanish Rice Taco trims*** Refried Beans~~~ Peaches In Light Syrup pc salsa MILK - Variety	Nov - 28  Chicken Nuggets!!! Whipped Potatoes~~~~ Country Gravy- !!! Black Eye Peas-*** Honey Wheat Roll Pears~~~ MILK - Variety	Nov - 29  Spag.&Meat Sauce ~~ Peas & Carrots*** Mozarella Cheese~~~ Garden Salad Applesauce Bread Stick~~~ pc Ranch Dressing!!! MILK - Variety	Nov - 30  TEACHER WORK DAY

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**